The first step we're going to have you take here in the university is getting clear on your reasons for why you said yes to the Young Living Movement? We've made it really simple for you to fill out this worksheet that's attached here. We want you to think about this.

The mission we have is to have less toxic chemicals in every home and put more money in more people's pockets. What about that spoke to you? What are your reasons? Do you want more money in your pocket? Why do you want more money in your pocket? What will that do for you and your family? Where will you go? How will you feel? What will you see and be?

We know for certain that when you put things down in writing and you review them every single day, they're at the forefront of your mind. They don't escape you because here's the truth. Life can get in the way. We get busy, we get taken to the left and to right, and then all of a sudden we forget about something in our life that we said yes to.

It gives us an opportunity to have more and that's the Young Living Movement. We're going to help you stay on track by putting your reasons down, being really clear about what your reasons are, and then reviewing your reasons every day as you start your day.

You'll see in the worksheet a mantra you are going to create with I am statements. and that's going to be what read when you wake up every day as you get started on this movement. So it's at the forefront of your mind as you go through your day and you continue to work every day on getting closer and closer to what it is you want to create here in Young Living.

Now, we also ask that you let your sponsor know. Share your reasons with them so they can keep a folder about your why because we know that sometimes life can get in the way. If your friend, your sponsor can remind you, "Hey, here's why you said you wanted to do this. Let's get back to those reasons and get you back on track." They will serve you as your champion in case you fall off your horse.

Sometimes this business will be challenging and here's the truth. Our mission is compelling, but not everybody wants to have a toxin free home. Not everybody wants to have more money in their pocket. We teach you how to just keep going. Not being motivated by the outside yeses or nos of people that you invite to join you, but you being self-motivated, internally motivated by your reasons.

We hope you can see how valuable and important it is to be clear on your reasons so you keep on going and you begin to build your four year career. We're here to support you and champion you. Have fun with this. Think big and go for it.